

Though my journey with Nicole continues,

I wanted to share my experience til now. I've been working with her off and on to heal myself and overcome pains of the past. In this time Nicole has been grounding, nurturing, patient and compassionate. She allows me to go on my own but is there with love, comfort, guidance and healing when I feel I need it. Nicole has pushed me to be more compassionate and release the patterns and beliefs that do not serve me or my family.

Her wisdom and shared experience has reflected difficult truths for me to overcome. The process though difficult is helping me yield so much depth, understanding and healing. Nicole gifts me so many things from self love, acceptance, and a more peaceful, loving and happy life. I'm ever so grateful to have crossed paths with her and for being able to cultivate my growth with her gifts.

- Shifali E. San Fransisco, California